

STUDENT UNION: AFTER SCHOOL RECREATION FOR MIDDLE SCHOOL STUDENTS

The City's After School Recreation programs promote positive youth development and help support the needs of families in Dublin. Student Union programs are held at Fallon and Wells Middle Schools in Dublin. Programs run daily from dismissal until 5:45 PM, including minimum days. **Please note:** Student Union does not operate on school holidays.

These programs include a variety of group and individual activities and indoor/outdoor games. Each school site also has a **dedicated, credentialed teacher** to assist students with their homework assignments each day.

**After School until 5:45 PM
Monday to Friday**

Registration for Session II of the 2015-2016 school year is as follows:

Priority Registration—10/13 at 8 AM
Dublin Residents—10/27 at 8 AM
Non-Residents—11/3 at 8 AM

Session I: 8/24 – 11/20

Session II: 11/30 – 3/11

Session III: 3/14 – 6/10

Payment Options

Full Session Pass purchase allows unlimited attendance within the session purchased
\$425 Resident/\$510 Non-Resident

20-Day Pass purchase allows 20 visits within the school year; no refunds
\$215 Resident/\$255 Non-Resident

Middle School Student Union is a popular program that fills quickly, so please register early.

Fall & Winter 2015

	FALLON	WELLS
Session I: 8/26-11/20	38833	38832
Session II: 11/30-3/11	39820	39819
20-Day Pass	38863	38862

DANCE

Hip-Hop Dance for Children and Tweens

Do you want to dance like your favorite hip-hop stars? Join the fun as we learn the street-style dance made popular by music videos. Classes help dancers loosen up, develop rhythm, and control isolated movements. All music and movement is age-appropriate. Hip-hop classes are for students who want to have serious fun while learning all the latest moves.

8 Classes Instructor: Castro Valley Performing Arts

\$66 Res/\$79 Non-Res

Dublin Senior Center

9 - 13 Years

Mon 9/21-11/16* 7:15-8:15 PM Activity #39078

* no class 10/19

Mon 11/30-2/8* 7:15-8:15 PM Activity #39080

* no class 12/21, 12/28 & 1/18



TEENS
13 to 17 years

Tweens Hip-Hop 101

This is a fun, unique class for students who want to move like the coolest hip-hop dancers out there! Learn beginning hip-hop steps to engaging music, experiencing a variety of hip-hop dance styles in the process, and get to know some of hip-hop's most famous dancers and crews. Styles covered include popping, locking, break-dancing, new style, and hip-hop social dances like "The Cat Daddy" and "The Dougie."

8 Classes Instructor: Jillian Green

8 - 13 Years \$120 Res/\$144 Non-Res

Shannon Community Center

Tue 9/22-11/10 5:30-6:30 PM Activity #39487

Tue 12/1-2/2* 5:30-6:30 PM Activity #39489

* no class 12/22 & 12/29

MUSIC & PERFORMING ARTS

Guitar & Bass I

This class is designed for beginning students, and covers the fundamentals of technique, rhythm, and music notation, as well as songs in various styles. Students must bring their own instrument—acoustic or electric with an amplifier.

4 Classes Instructor: Marvin Ibe

8 - 15 Years \$75 Res/\$90 Non-Res; plus \$20 materials fee

Ingram & Brauns Studio

Mon 9/21-10/12 3:30-4:25 PM Activity #39063

Mon 10/26-11/16 3:30-4:25 PM Activity #39064

Mon 1/4-2/1* 3:30-4:25 PM Activity #39065

*no class 1/18

Beginning Violin

Viola, cello and double bass are welcome too! This is a small ensemble setting where students can learn the basics of playing a string instrument. Students will learn plucking, bowing, technique, and how to play in a group. Instrument, Suzuki Vol. 1, and Essential Elements Vol. 1 required.

4 Classes Instructor: Marvin Ibe

8 Years+ \$75 Res/\$90 Non-Res

Ingram & Brauns Studio

Mon 9/21-10/12 4:30-5:25 PM Activity #39060

Mon 10/26-11/16 4:30-5:25 PM Activity #39061

Mon 1/4-2/1* 4:30-5:25 PM Activity #39062

*no class 1/18

Midsummer Night's Dream

Join us as we explore the magical world of William Shakespeare's Midsummer Night's Dream. Lysander and Hermia are in love. Helena loves Demetrius, but Demetrius loves Hermia, Oberon is mad at fairy queen Titania, and casts a love spell on her, then enlists Puck to cast spells on the four young lovers. Then the fun and confusion begins. Materials fee covers costumes, props, scripts and sets. Final performances on 1/30 and 1/31; \$10 admission.

20 Classes Instructor: Tri Valley Young Performers Academy

8 - 17 Years \$350 Res/\$420 Non-Res; plus \$50 materials fee

Shannon Community Center

Tue 9/22-1/31* 5:30-8:30 PM Activity #39229

*no class 11/24, 12/22 & 12/29; additional rehearsals 1/27 & 1/29

ENRICHMENT

Current and Advanced Debates

Learn to write full-length constructive and refutation speeches for various debate formats. Students research and debate on complex topics, improving their speaking and critical thinking skills, and expanding their general knowledge on current affairs and other matters.

8 Classes Instructor: Bay Area Debate Club

10 - 14 Years \$160 Res/\$192 Non-Res

Shannon Community Center

Wed 1/6-2/24 5:30-6:30 PM Activity #39446

Essentials of Debating

This class teaches the essentials of debating. Students learn how to make strong arguments, use tools like flow, and practice note-taking. This course instills critical thinking by providing reasoning and evidence, and introduces various debate formats popular in high school. Participants debate on a variety of age-appropriate topics.

8 Classes Instructor: Bay Area Debate Club

10 - 14 Years \$160 Res/\$192 Non-Res

Shannon Community Center

Wed 9/30-12/16* 5:30-6:30 PM Activity #39445

*no class 10/14, 10/21, 11/11 & 11/25

Child and Babysitting Safety

Babysitting is not just 'watching' children, but being responsible for their safety and well being. This course will focus on setting up a babysitting business, safety and emergency response, diapering, playtime, bedtime, interacting with parents and more.

1 Class Instructor: American Safety Academy

12 - 17 Years \$50 Res/\$60 Non-Res

American Safety Academy

Sat 11/21 10:00 AM-2:30 PM Activity #39199

Sat 2/6 10:00 AM-2:30 PM Activity #39200

Animation Creators: Digital Animation with PC

Young animators learn computer software techniques to create digitally animated characters and stories. Participants will learn skills that help with computer drawing, character creation and movement, voiceover work, character interaction, and speech. Working in small groups, students will focus on learning introductory computer animation techniques, and will create original characters and short animated stories.

8 Classes Instructor: Freshi Films

10 - 16 Years \$139 Res/\$167 Non-Res

Dublin Public Library

Mon 10/19-12/7 3:30-4:45 PM Activity #39441

FITNESS

Running Class for Kids

Make running fun again! Class will include fun relay games and drills to make running fun for kids. Children will improve their running mechanics and form to help prevent injury and develop speed. We practice a team-oriented coaching style where each and every child is an important part of the team.

16 Classes Instructor: The FIT Potato

5 - 15 Years \$160 Res/\$192 Non-Res

The FIT Potato

Mon, Wed 9/21-11/11 6:00-7:00 PM Activity #39399



Speed, Agility & Core for Kids

Improve speed, agility, and core through the use of drills, technique and proper form. Participants improve conditioning and gain an understanding of how to become better athletes and how to stay fit. Every practice is fun and fast-paced.

16 Classes Instructor: *The FIT Potato*

5 - 15 Years \$160 Res/\$192 Non-Res

The FIT Potato

Mon, Wed 9/21-11/11 6:00-7:00 PM Activity #39397

Tue, Thu 9/22-11/12 3:30-4:30 PM Activity #39398

TUMBLING & GYMNASTICS**Beginning Tumbling**

This class will teach the proper techniques for tumbling. This acrobatic discipline is often used in other sports, such as cheerleading and diving. Students will learn basic skills, including cartwheels, handstands, rolls and progressions for round-offs. Learn how to do tumbling and back handsprings on our in-ground and above-ground Tumble-Tracks.

Instructor: *Edge Gymnastics*

6 - 17 Years

Edge Gymnastics

7 Classes \$119 Res/\$143 Non-Res

Tue 9/22-11/3 2:30-3:30 PM Activity #39728

6 Classes \$102 Res/\$122 Non-Res

Tue 11/10-12/15 2:30-3:30 PM Activity #39729

Beginning Gymnastics

Learn the basics of this Olympic sport, including an introduction to vault, pommel horse, rings, floor, parallel bars and high bar. Your child will develop proper techniques and confidence to perform these skills.

Instructor: *Edge Gymnastics*

6 - 17 Years

Edge Gymnastics**Boys**

7 Classes \$119 Res/\$143 Non-Res

Mon 9/21-11/2 2:30-3:30 PM Activity #39222

6 Classes \$102 Res/\$122 Non-Res

Mon 11/9-12/14 2:30-3:30 PM Activity #39224

Girls

7 Classes \$119 Res/\$143 Non-Res

Mon 9/21-11/2 2:30-3:30 PM Activity #39218

Tue 9/22-11/3 2:30-3:30 PM Activity #39219

6 Classes \$102 Res/\$122 Non-Res

Mon 11/9-12/14 2:30-3:30 PM Activity #39220

Tue 11/10-12/15 2:30-3:30 PM Activity #39221

MARTIAL ARTS**Beginning Karate**

Begin training your child in the Korean martial art of Tang Soo Do. Participants will develop respect, discipline, and coordination. Students will learn the basic blocks, punches, kicks, patterns and sparring techniques of Tang Soo Do.

18 Classes Instructor: *Robert Berger*

7 - 14 Years \$108 Res/\$130 Non-Res

Dublin Public Library

Mon 9/21-2/8* 5:45-6:30 PM Activity #39267

* no class 12/21, 12/28 & 1/18

Advanced Karate

In a continuation from lessons taught in the Beginning Karate class, students will learn advanced blocking, striking and kicking techniques of Tang Soo Do. Students will advance through the colored belt ranks while learning balance, fluidity, speed, power, and control while performing forms and drills. Students should have advanced to purple belt before registering for this class unless otherwise invited. Uniforms are required.

18 Classes Instructor: *Robert Berger*

7 - 14 Years \$108 Res/\$130 Non-Res

Dublin Public Library

Mon 9/21-2/8* 6:30-7:30 PM Activity #39268

* no class 12/21, 12/28 & 1/18



TEENS
13 to 17 years

SPORTS

Core Girls Volleyball

Highly trained and experienced staff teach the fundamentals using philosophies from Gold Medal Squared and USA Volleyball. This program is a great introduction to the world of club volleyball. For the more experienced players, staff will continue to emphasize fundamentals, and add advanced volleyball techniques with a heavy concentration on footwork and arm swing. Players will be placed on teams based on age and skill level. Teams will train twice weekly during this six-week program. The registration fee includes a T-shirt for each participant. *12 Practices Lead Instructor: Jack Cowden, Dominican College and USA Volleyball High Performance Coach*



\$249 Res/\$299 Non-Res

Core Performance

8 - 13 Years

Tue, Thu 1/5-2/11 4:00-5:30 PM Activity #39987

12 - 14 Years

Mon, Wed 9/21-10/28 4:00-5:30 PM Activity #39986

Private Basketball Lessons

Last year's very successful program has been expanded. Three highly knowledgeable and respected head basketball coaches, Fallon Middle School's Brendan Devane, Dublin High's Chris Meredith, and Ryan Reth of Cadence Basketball Academy and Junior Warriors, offer their coaching expertise. Private basketball lessons offer a customized plan that uses weekly goals to build a mindset, discipline, and sense of responsibility. Personalized developmental training is based upon the athlete's current skill level. High levels of constant feedback help, as well as instruction moving from simple to complex. Minimum of two lessons, maximum of six lessons. Online registration is not available, registration will only be accepted in person at the Shannon Community Center.

1st - 12th Grades

Private (per 40 minute lesson) \$49 Res/\$59 Non-Res

Semi-Private (per 40 minute lesson) \$35 Res/\$42 Non-Res

Note: Semi-Private participants must sign up together (up to 4 participants)

Stager Community Gymnasium

Mon 8/31-10/19* 6:00-6:40 PM or 6:45-7:25 PM

Thu 9/24-10/29 6:00-6:40 PM or 6:45-7:25 PM

* no lessons 9/7

JUNIOR WARRIORS WINTER BASKETBALL LEAGUE



Celebrating our 25th season, the Junior Warriors basketball league is the City's most popular youth sports program with 775 participants last season! Players learn how to play basketball in a fun and encouraging setting, and will receive a reversible Warriors basketball jersey, headband, certificate and trophy. The league is open to players in kindergarten through eighth grades. Weeknight practices start in December, and games will be played on Saturdays beginning in January. Specific game and practice times will be announced later. Please note: New participants will be required to participate in a scrimmage and uniform fitting, returning players must only attend a uniform fitting.

Early Registration (through October 19)

\$149 Res/\$179 Non-Res

Late Registration (October 20 through November 3)

\$174 Res/\$204 Non-Res

Games on Saturdays, 1/9-3/5

Stager Community Gymnasium, Wells Middle School & Fallon Middle School

BOYS	
5th & 6th Grades	Activity #39765
7th & 8th Grades	Activity #39766

GIRLS	
4th - 6th Grades	Activity #39769

Junior Warriors Shorts Purchase (optional)

Jerseys are provided as part of the program, but if you would like to purchase matching shorts, they are an additional \$13. Online orders only, through November 23.

Activity #39783





Junior Golf School

Golf continues to be one of the hottest youth sports trends and often becomes a lifetime sport! This friendly introductory class is open to all skill levels. Basic full swing fundamentals and short game skills (chipping and putting) will be taught, as well as golf rules and golf etiquette. Bring your own clubs if possible; however, loaner clubs are available if needed. Students must wear golf or tennis shoes.

5 Classes Instructor: Marissa Apodaca, Assistant Golf Professional

7 - 17 Years \$114 Res/\$137 Non-Res

Dublin Ranch Golf Course

Thu 9/17-10/15 5:00 PM-6:00 PM Activity #40015
Sat 9/19-10/17 10:15 AM-11:15 AM Activity #40016
Sat 9/19-10/17 11:30 AM-12:30 PM Activity #40017
Sun 9/20-10/18 10:00 AM -11:00 AM Activity #40018

Tennis Tournament Group: Novice

Lessons focus on stronger stroke production and point development, concentrating on players ready to compete in Novice level USTA tournament play. **Prerequisite:** Quick Start Green Intermediate. Instructor/student is 1:6. **Note:** Online registration is open now for September classes.

6 Classes Instructor: Arora Tennis

7 - 15 Years \$159 Res/\$191 Non-Res

Fallon Sports Park

Wed 9/9-10/14 4:30-6:00 PM Activity #39930
Fri 9/11-10/16 4:30-6:00 PM Activity #39932
Wed 10/28-12/9* 4:30-6:00 PM Activity #39931

*no class 11/25

Fri 10/30-12/11* 4:30-6:00 PM Activity #39933

*no class 11/27

Teens...be sure to check out the **ADULT** section for many more dance, art, special interest, martial arts, fitness and sports classes!



Tennis Tournament Group: Challenger

Lessons focus on point play and shot strategy; participants should already possess solid strokes. This two-hour class focuses on players ready to compete in Challenger level USTA tournament play. **Prerequisite:** Novice Tournament Group. Instructor/student ratio is 1:6. **Note:** Online registration is open now for September classes.

6 Classes Instructor: Arora Tennis

7 - 18 Years \$199 Res/\$239 Non-Res

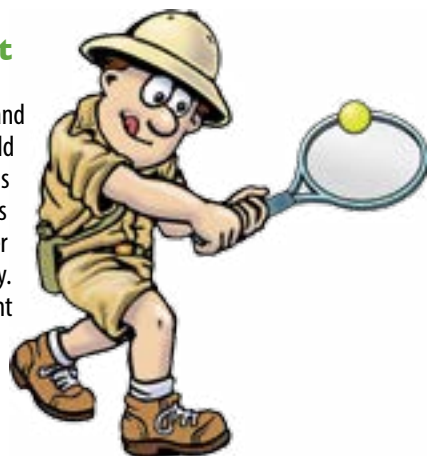
Fallon Sports Park

Mon 9/7-10/12 6:30-8:30 PM Activity #39934
Wed 9/9-10/14 6:00-8:00 PM Activity #39935
Mon 10/26-12/7* 6:30-8:30 PM Activity #39936

*no class 11/23

Wed 10/28-12/9* 6:00-8:00 PM Activity #39937

*no class 11/25



Tennis Tournament Group: Open

Lessons focus on high level competition with an emphasis on conditioning. This two-hour class concentrates on those players ready to compete in Open level USTA tournament play. **Prerequisite:** Challenger Tournament Group. Instructor/student ratio is 1:6. **Note:** Online registration is open now for September classes.

6 Classes Instructor: Arora Tennis

7 - 18 Years \$199 Res/\$239 Non-Res

Fallon Sports Park

Tue 9/8-10/13 6:00-8:00 PM Activity #39938
Thu 9/10-10/15 6:30-8:30 PM Activity #39939
Tue 10/27-12/8* 6:00-8:00 PM Activity #39940

*no class 11/24

Thu 10/29-12/10* 6:30-8:30 PM Activity #39941

*no class 11/26

Tennis Tournament Group: Championship

Lessons focus on very high-level competition with a strong emphasis on conditioning. This two-hour class focuses on players ready to compete in Championship level USTA tournament play. **Prerequisite:** Open Tournament Group. Instructor/student ratio is 1:6. **Note:** Online registration is open now for September classes.

6 Classes Arora Tennis

7 - 18 Years \$199 Res/\$239 Non-Res

Emerald Glen Park

Mon 9/7-10/26 6:00-8:00 PM Activity #39942
Wed 9/9-10/14 6:00-8:00 PM Activity #39944
Mon 10/26-12/7* 6:00-8:00 PM Activity #39943

*no class 11/23

Wed 10/28-12/9* 6:00-8:00 PM Activity #39945

*no class 11/25